CONNECT
COLLABORATE
COACH

Exploring the Leadership Coaching Relationship
BELIEFS & UNIVERSAL TRUTHS

- This room is a safe place for you to be open and vulnerable
- Everyone in the room is a learner
- Everyone brings value to the conversation
- Your full engagement makes the learning process richer
- We learn from each other
- All of the answers to our questions are in the room

"Vulnerability is at the core, the center, of meaningful human experiences."
- BRENE BROWN

balanceintheburbs.com
Balloons Brainstorm

Step 1: Grab one of each

Does anyone have a latex allergy?
STEP 2: THE PAPER

- A happy thought
- A positive quote
- An activity you can do in your school
- Something that inspires you as a principal

Write it on the paper.

ROLL THE PAPER AND INSERT IT CAREFULLY INTO THE BALLOON.
STEP 3: THE BALLOON

- Blow up the balloon about 3/4 of the way full.
- Tie it off.
STEP 4: THE PROCESS

- Today we’re going to think about inspiring YOU! We are going to think of four ideas of things you can do when you need inspiration.
- Write your first idea on the balloon.
- Hold the balloon and let the ink dry.
- When I say, “Go!”, toss the balloon in the air and tap it to the middle.
- Grab someone else’s balloon and read what they wrote. Add your idea in a bullet point under their idea.
- Repeat!
STEP 5: WHAT DO I DO WITH THE BALLOON?

• Now you have a summary of many inspiring ideas from your colleagues.
• Here’s the thing…we all have good days. We all have bad days.
• When you’re having a bad day and are low on motivation and inspiration, take a sharp instrument and take your frustration out on the balloon.
• Pop the balloon!
• Voila! Instant inspiration!
Table Talk: What do you want from the coaching experience?
Getting to know each other...

- What’s his/her WHY?
- Strength(s)
- Background
- BFF
- Interests
- What do you like most about this person?
- Goals
- Family
- Hobbies
- Preferred method of recognition
- Worries/Fears
- Effective feedback approaches
- Experience
-
Coaching focused on meaningful dialogue

GROWTH-BASED CONVERSATIONS DURING THE COACHING MEETING

What a COACH does...
- Listening
- Observing

Gather data to understand and examine the facts
Clarify and explore context and assumptions
Analyze and interpret to make meaning

What a PRINCIPAL does...
- Talking openly
- Answering & dialogue
- Reflection & critical thinking

Application & action to develop next steps

GOAL SETTING

ACTION PLANNING
Reflective Practice

A Time to Reflect

Observe

DATA

Feedback
“The art of coaching is doing, thinking, and being: doing a set of actions, holding a set of beliefs, and being in a way that results in those actions leading to change.”
Looking forward to our year of...

CONNECTING, COLLABORATING, & COACHING

MARYLAND STATE DEPARTMENT OF EDUCATION
EQUITY AND EXCELLENCE